



ST JOSEPH'S PRIMARY SCHOOL NEWSLETTER

Thursday 21st March, 2019

Dear Parents,

This week we celebrated St Joseph's Feast Day and it was great fun and we all ended up with paint all over us and some very tired bodies after running laps in the sand. Thank you to all the parents who attended mass, helped on the colour run and /or cooked the sausage sizzles. It was a wonderful day to celebrate our school community and to continue the 90 Years celebrations.

Colour Fun Run

Thank you to all the students and parents who have raised money for the colour run. At present we have a total of \$2900 and those who still have to finalise their donations could you please do so by Friday 5th April and a reminder to go online and order your child/ren's prizes by Friday 26th April.

Foundation Welcoming Mass

On Sunday 24 March the Foundation class will be introduced to the parish community by their parents at the beginning of mass. We look forward to seeing all the Foundations and their parents at mass and maybe some Grade 6 buddies as well.

St Joseph's Community Sunday Market – Sunday 24 March 11am – 3pm.

We have over 30 stalls selling a large variety of wares and wonderful food being prepared and supplied by our P&F's. A huge thank you to Suze Mannix and Audrey Elford for all their hard work in getting this market happening again this year. It would be great to see all our families pop in at some stage during the market.

Gr 3 Sacrament of Reconciliation: Thursday 21st March

The Grade 3 students are receiving the Sacrament of Reconciliation tonight and I ask that you keep them all in your prayers.

School Photo Day – Monday 1st April 2019

This year the students are asked to wear to school on this day their full summer sports uniform with their Rugby Tops.

A few important dates to jot down;

Sunday 24 March Foundation class are introduced to the parish at 9am mass

Sunday 24 March St Joseph's Community Market 11 am- 3pm

School photos Monday 1st April

School sports- 2nd April 3.30pm -7.30pm Rowans Rd Moorabbin

End of Term 1 Friday 5th April at 1pm

Holy Thursday 18th April

Good Friday 19th April

Easter Sunday 21st April

Beginning of second term Tuesday 23rd April

Thursday 25 April ANZAC DAY
 Thursday 6 and Friday 7 June – School closure/Staff conference
 Monday 26th August- Wednesday 28th August Gr 3/4 camp
 Tuesday 10th September - Friday 13 September Gr 5 & 6 camp
 Wednesday 24th July 7 pm Communion Faith night for parents & students at Stella Maris
 Sunday 15th September 9am Gr 4 First Communion
 School musical Monday 25th November @ Kilbreda

Kind regards

Carmel Stutterd

What's Happening	Week 9
March	Monday 25th March
21 Grade 3 – Sacrament of Reconciliation at 7.00pm	PSG's today Gr 1/2 SEAL program (last lesson) Student teacher – Mr Liam Charlerton starts today in Foundation. STEM – Gr 5 & 6
22 Whole School Mass @ 9.00am	
24 Foundation Welcome Mass @ 9.00am	
24 St Joseph's Community Market 11.00am – 3.00 pm	
26 2020 Foundation Open Morning 9-11am	Tuesday 26th March
29 Whole School Assembly @ 9.00am	GATEWAYS 9.30am – 12pm OPEN MORNING 9-11am 2-3.30pm STEM for 3 & 4 3.45- 5pm Young Engineers
29 Grades 3 & 4 Excursion	
30 Start of Year Drinks – Sandringham Club from 7.30pm – 11.00pm	Wednesday 27th March
	Principal's Conference- Mr Sandison in charge 1-2 pm Gr 6 to Bayside Community Centre 2.30-3.30pm -School choir
April	Thursday 28th March
1 School Photos	Principal's Conference- Mr Sandison in charge 2pm -3.30pm STEM Gr 1/2 Mr Brooks in Gr 6
2 School Sports (Twilight) @ 3.30pm	
5 Whole School Mass @ 9.00am	Friday 29th March
5 End of Term 1 @ 1.00pm	Principals Conference – Mr Sandison in charge Mr Brooks in Gr 6 Gr 3 & 4 on an excursion Gr 1/2 assembly
18 Holy Thursday	
19 Good Friday	
21 Easter Sunday	Saturday 30th March
23 Term 2 commences @ 9.00am	Welcoming night for parents at Sandringham Club
25 ANZAC Day – public holiday	

RELIGIOUS EDUCATION



WE LOOK FORWARD TO SEEING ALL FOUNDATION CHILDREN AND THEIR FAMILIES AT THE WELCOME MASS 9.00AM THIS SUNDAY. THE CHILDREN WILL BE PRESENTED AT THE START OF THE MASS.

RECONCILIATION

We look forward to celebrating the Sacrament of Reconciliation with our Year 3 students tonight. May their hearts be filled with love for God and with love for other people.

LENT

What's Tempting You?

It is amazing some stories about millionaire executives who swindle their companies to get even richer. How could money be so tempting, especially to rich people? Riches should never be a temptation.

But there are other temptations. Ask God daily for strength because we are tempted daily to sin in ways that hurt others and hold us back from being everything we can be.

The Gospel shows Jesus struggling with temptation. A born leader, he was tempted to abuse his power. Many people in Israel were waiting for a *messiah* - a word understood as *saviour* - to lead a violent revolt against Rome. But he knew God called him to greater things.

Each person faces different temptations. What tempts you to be selfish and tempts you away from doing great things for God? Lent is a time to explore that question in your soul, to see where you've surrendered to temptation and where you need God's strength to resist those temptations.

List your six greatest temptations and then reflect on one each week during Lent. Remember times you gave in. Remember times you resisted. Brainstorm ways to avoid the particular temptation you're focusing on. Look at what the Bible says about it. Ask God for the vision to see the temptation clearly the next time you face it and for the strength to resist it.

PRAYER:

Lord, in this Lenten season, we come to you in prayer. You know the deepest prayers of our hearts before we frame them into words. Yet, when we force ourselves to find the right phrases to tell you of our need, we realize how much we depend on you. Walk with us so that our lives become a prayer. You have given so much to us, God. Help us to have the courage and strength we need to give ourselves to you. Help us to kick out of our lives bad habits, poor habits, selfish ways and all things that separate us from you. Help us to understand that we do our own thing best when we line up our lives first with you in prayer.

Guide us

Direct us

Show us your mercy.

Amen.

STUDENT WELLBEING

We celebrated NATIONAL ACTION DAY AGAINST BULLYING AND VIOLENCE last Friday 21st March.

The students wore home an orange ribbon in support of 'Bullying. No way'. They discussed and completed activities related to the way we must treat others.

THE MOST EFFECTIVE WAY TO DISCOURAGE BULLYING by Dr Ash Nayate

Bullying is a widespread concern for kids and teens, and despite our best efforts, as educators we can often feel like we're one step behind. Most schools do an outstanding job of establishing anti-bullying policies, investing in student wellbeing, and teaching kids the strategies to manage bullying. And yet, bullying is as prevalent as ever, and contributing to significant youth mental health problems from depression to drug abuse.

A critical element to managing bullying is to encourage kids to develop their identity. Whether the child is doing the bullying or is the victim of bullying, the underlying issue is the same – a poor sense of identity. This creates a lack of confidence, and a feeling of not being 'good enough'. This leads to the child finding ways to be 'good enough' – in any way possible. It could be through belittling others, becoming a people-pleaser, or through perfectionism or over-achievement.

Kids with a strong identity embody traits that naturally discourage bullying. They have self-confidence, a feeling of competence and capability, self-esteem and self-respect. They tend to speak up if they are being bullied and stand up for their beliefs. They exude a physical state of confidence that reflects their inner assuredness. They tend to have a supportive network and open lines of communication – whether with parents, teachers, or friends. And, these kids are more likely to ask for help if they need it.

So, how do we encourage kids to strengthen their sense of identity?

We do this by helping kids recognise that they're already 'good enough'. By helping them tap into the variety of wonderful positive qualities that they already possess, and encouraging them to harness the power inherent in those attributes. We can get an inkling of those attributes when we chat with kids about the events, experiences, and activities that really light them up.

Incidentally, those qualities needn't be those that set kids above others. It's not necessarily about being the smartest or the most athletic. Often, those attributes are less tangible, like trustworthiness, or the ability to see the best in others, or being able to think creatively.

When kids start tuning into their positive attributes, it strengthens their identity. And the best part is that it's a perpetuating process – the more they think about their positive qualities, the more they will find.

And to support our kids, we can ensure that we nurture those qualities in a clear and consistent way – both in the classroom, at home and at the leadership level. If kids have a clear sense of identity, then they are better able to emulate their positive qualities day to day. They will have a greater respect for the values and standards of the school community, and they'll take more responsibility for upholding them. This then brings about a profound shift in the culture of the school community, where the seed of bullying finds it more difficult to take hold, and the ground is fertile for the seeds of tolerance, kindness, and respect to flourish.

Written by **By Dr Ash Nayate, Clinical Neuropsychologist** **Psych4Schools Guest Blogger**

Dr. Ash Nayate is a clinical neuropsychologist with expertise in behavioural interventions with over a decade of experience in the health and developmental fields. She works closely with families and educators to improve wellbeing and resilience in young people. Ash is the founder of Revolution Me – Creating tomorrow's leaders and can be contacted at irevolutionme@gmail.com or via her website.

Jenny Keely REL/STUDENT WELLBEING

School Photo Day – Monday 1st April 2019 – Arthur Reed Photos

We will be coming to take annual school photos at St Joseph's Primary School on 1st April, 2019.

Ordering has changed this year, so you do not need to purchase photos before photo day. Instead you will be able to view and select the images of your child to be included in their photo package in our new web shop.

Go online now and follow these 3 easy steps-

- 1.** Grab your phone and go to <https://order.arphotos.com.au>
- 2.** Enter the image code from your child's individual flyer (supplied before or on photo day)
- 3.** Fill in YOUR mobile number and email address. Do this for all of your children at this school.

That's it! You'll be notified by email/SMS when images are ready to view and purchase!

In our NEW web shop you can MIX & MATCH the images included in your package; Choose ANY layout, ANY pose or image and purchase Multiple image digital downloads.

To be notified when images are ready to view - Register Now.



An important aspect of considering a quality education for your daughter is seeing the prospective school in action, getting a feel for the community and being able to witness first hand some of the facilities and programs on offer.

We invite you to attend our Open College events to meet the Principal and tour the College to discover all that Kilbreda offers.



**Year 7 2021
applications close
23 August 2019**

Term 1 Open Mornings

Thursday 14 February

Monday 25 March

Commencing 9:00am

Open Evening

Thursday 14 March

From 4:00pm - 8:00pm

Register your attendance online
or phone 9581 7766

www.kilbreda.vic.edu.au

118 Mentone Parade Mentone 3194

ONLINE LUNCH ORDERS ~ EVERY FRIDAY

Please click on this link to place a lunch order <https://classroomcuisine.com.au>

NUT & POTATO ALLERGY At St Joseph's we have a no sharing of food policy due to the number of students with severe life threatening allergies. In particular, we ask that you PLEASE DO NOT SEND NUTS OR NUT BASED PRODUCTS & POTATO CHIP TO SCHOOL.

ELECTRONIC SIGNING IN/OUT IPAD

Please remember to sign your child out of the school when leaving early. It is also necessary to sign in when arriving late. The electronic sign in/out ipad is located in the office on the bench.

SCHOOL HOURS

The school is responsible for the supervision of students from 8.45am. It is important to remember that staff who arrive early for school do so to prepare for the day and cannot do this as well as supervise early arrivals.

SECOND HAND UNIFORMS

Donations or enquiries contact Trisha McKean on 0423 979 745.

WORKING WITH CHILDREN CHECK

A reminder to all parents who wish to assist in the classrooms or on excursions that a WWCC is mandatory and should be displayed at all times when helping in the classroom or on excursions.

HEAD LICE - ONCE A WEEK TAKE A PEEK

Families please check your child's hair for Head Lice each Sunday before they return to school. Please treat immediately if head lice are found. Head lice numbers would be reduced if this quick check happened every week.

HEAD INJURIES

Any child who has a knock / bump to the head will have their parents notified as a precaution. All children who are treated in sickbay or on the playground are issued with a First Aid slip; however, often these are not seen by Parent. All staff is trained in first aid each year to Level 2, which should be very reassuring for parents, but we will not make decisions or judgments regarding head injuries.

STAFF MEETINGS

Will be held each Wednesday at 3.45pm. Please do not detain teachers on these days.

START OF YEAR DRINKS

DATE: SATURDAY MARCH 30TH

VENUE: SANDRINGHAM CLUB
92 BEACH ROAD.

TIME: 19.30-23.00

COME ALONG FOR A CHAT, A DRINK
AND SOME FINGER FOOD TO
CELEBRATE THE BEGINNING OF A
NEW SCHOOL YEAR AT ST. JOSEPH'S.





ST JOSEPH'S PRIMARY SCHOOL

544 BALCOMBE RD, BLACK ROCK 3193



SUNDAY 24th MARCH 11:00am - 3:00pm

HOME-MADE GOODS • JEWELLERY • GIFTS • HOMEWARES
PLANTS • FOOD • MUSIC • PLUS MORE!

Also includes St Joseph's Tennis Club information session from 11:30am - 12:30pm



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E | markadlam@5startennisacademy.com.au

2019 SCHOOL HOLIDAY TENNIS CLINICS

HELD AT STELLA MARIS TENNIS CLUB

MONDAY APRIL 8TH – FRIDAY APRIL 12th

FEE \$150

Or \$40 daily

Or

Hot Shots Clinic (5-7 yr. old)

\$120 (9.00AM – 11.00AM)

Or \$30 daily

Students placed in groups according to their standard

End of week BBQ & awards

Lots of fun drills and games for maximum enjoyment

9.00AM – 12.00 noon

Limited Vacancies

Discount for enrolments with more than one child in a family.

ALL BOOKINGS: PHONE, TEXT OR EMAIL MARK