



ST JOSEPH'S PRIMARY SCHOOL NEWSLETTER

Friday 19th June, 2020

*St Joseph's is a Child Safe School.
We promote the safety, wellbeing and inclusion of all children.*

*If the only prayer
You said in your whole life
was 'thank you'
that would suffice*

Dear Parents,

We have had a terrific week and all the students are starting to 'thaw out' and feel as if they are back in familiar territory.

I received an email last Friday afternoon where St Joseph's was one of 25 schools in the Melbourne archdiocesan, to be offered a free virtual tour to be taken of our school as posted on our website. We are very excited about this opportunity and it will help put our school out in the market place. This is a difficult time for all schools to generate enrolments as we cannot have open days. So, this will be a way to get in touch with prospective parents. We will be filming on Wednesday 24 June.

On Wednesday 24 June we welcome the Federal Minister for Goldstein to St Joseph's. Mr Tim Wilson will be opening out kitchen garden. Last year we received a grant of \$10,000 from the Federal government to rebuild our kitchen garden.

Congratulations to Jade Wolff and William Jones for being finalists in a writing competition they entered while in learning from home.

Congratulations to Tess Johnson 11th, William Jones 1st and Oliver Conrad 1st for their participation in the HOLT virtual cross country.

It is fantastic that some of our senior students took up the challenge of participating in extra activities offered while in home learning.

A huge thank you to the Wolff family for the huge amount of Lego they donated to the school. It has brought a great amount of joy and excitement to our junior classes.

Peaceful Kids Program

The Grade 2,3 and four girls will have an introduction to the Peaceful Kids program on Friday from 12-2 pm. The program begins in Term 3, week 1, every Friday at 1 pm for 8 weeks. A CareMonkey will be sent out next week with a parent session to watch and some other information, to read through.

Special Last day of the term 2- Friday 26 June

The Grade 6 students are organising a PJ/Onesie day and special lunch – a sausage sizzle. The grade 6 students are organising a CareMonkey and it will be sent out Today. Please make

sure you complete the questions so they can organise the sausages and bread that need to be ordered.

They have done a great job in organising all the details and are looking forward to cooking and serving their school community.

Please do not send your child to school if they are unwell; - fever; shortness of breath; flu-like symptoms such as coughing, sore throat or runny nose.

Keep staying 1.5 m apart and stay well.

Carmel Stutterd

WEEK 11 TERM 2

Monday- 22 June

PSG- Mrs Kelly & Mrs Martell to cover classes while classroom teachers are in meetings

Tuesday -23 June

Wednesday- 24 June

9 am Mr Tim Wilson MP opening the kitchen garden

9 am filming for our virtual tour.

Thursday- 25 June

12-3.30pm Foundation Parent /Teachers interviews

Friday- 26 June

Whole school pj/onesie day

10.30 am Whole school assembly- in hangouts and Mrs Angele's final assembly before going on maternity leave.

1pm school break up for term 2

RELIGION

Refugee Week 2020

Celebrating the Year of Welcome



Refugee Week (14-20 June) is Australia's peak annual activity to inform the public about refugees and celebrate positive contributions made by refugees to Australian society.

Refugee Week provides a platform where positive images of refugees can be promoted in order to create a culture of welcome throughout the country. The ultimate aim of the celebration is to create better understanding between different communities and to encourage successful integration enabling refugees to live in safety and to

continue making a valuable contribution to Australia.

Refugee Week is a unique opportunity for us all to experience and celebrate the rich diversity of refugee communities through theatre, music, dance, film and other events which take place all over Australia and highlight the aims of the week.

FEAST OF THE SACRED HEART 19th June

The Feast of the Most Sacred Heart of Jesus is a solemnity in the liturgical calendar of the Roman Catholic Church. It falls 19 days after [Pentecost](#), on a Friday. The devotion to the Sacred Heart is one of the most widely practiced and well known Catholic devotions, taking Jesus Christ's physical heart as the representation of his divine love for humanity.



STUDENT WELLBEING

Promoting school community wellbeing as students return to onsite learning

By Dr Lina Di Paolo, Team Leader, Student Wellbeing, at Catholic Education Melbourne.

Throughout the COVID-19 pandemic the spotlight on individual, family and community wellbeing has featured strongly in conversations and decision-making. Sharing responsibility, nurturing connections and supporting each another has been a key, ongoing focus.

New, and sometimes surprising, insights have been gained on our levels of comfort with the unknown and capacity to adapt to rapid change, while our reservoirs of resilience, hope and optimism have fluctuated like a roller coaster at times. Regular communication and clear messaging have provided us, and our school communities, with both reassurance and direction – at least to an adequate level most of the time, as many other unknowns continued to revolve around us. Patience, understanding, cooperation and kindness have also been demonstrated in countless ways.

Returning to onsite learning

From a wellbeing perspective, a template to guide actions for returning to onsite learning currently exists. We know what to do. Our experience over recent months has affirmed the importance of physical and emotional safety, stability, relationships and connection. The latest Harvard University brief from the National Scientific Council on the Developing Child notes:

‘A child who is living in an environment with supportive relationships and consistent routines is more likely to develop well-functioning biological systems, including brain circuits, that promote positive development and lifelong health. Children who feel threatened or unsafe may develop physiological responses and coping behaviours that are attuned to the harsh conditions they are experiencing at the time, at the long-term expense of physical and mental well-being, self-regulation, and effective learning’ (NSCDC 2020, p. 1).

The ‘new normal’

As schools and the community emerge from an intensive ‘response phase’ towards a long term management focus (recovery phase), the ability to adapt and respond to the diverse needs of individuals and community members is essential. For each school, the ‘new normal’ will be different due to the local context and circumstances of children, their families and staff. Uncertainty, questions and concerns about COVID-19 will continue in the weeks and months ahead. Individual new challenges will emerge or recur – some big, some small but nevertheless real. Reassurance and strategies to reduce anxiety and promote coping for adults and children will be fundamental to creating positive school climates where a sense of safety, belonging and relational trust among students, staff and families prevails.

Optimal wellbeing in school communities

In a COVID-19 environment, key considerations for enabling optimal wellbeing and learning in school communities include:

***listening carefully to concerns, validating fears and encouraging questions:** it is natural for students, staff and parents/carers to feel a range of emotions, such as stress, worry, fear, anger, anxiety, guilt, frustration or low mood. Being observant and ‘listening’ to what is and is not being said provides valuable insights into underlying issues and emotions. Remember, it is okay to say ‘I/we don’t know’. Releasing the pressure to have all the answers keeps the lines of communication open and enables opportunities for further conversations

***providing opportunities for dialogue, expression and acknowledgment of emotions:** regular formal and informal check-ins with students, staff and parent/carers that provide time to discuss and share experiences, including successes and challenges, builds relationships and resilience. Promote help-seeking behaviours by providing information about networks of support, including and organisations such as Kids Helpline, headspace and Parent line.

***maintaining routines:** structure promotes a sense of predictability and safety

***communicating information in clear, timely and factual ways:** sharing details in 'small regular chunks' with students, staff and parent/carers avoids overwhelming them and maintains perspective. Focus on what is within 'our sphere of influence', rather than what is not

***switching off the 'noise':** encourage students, staff and parent/carers to switch off the 'noise' such as social media, news and radio. Relying on reputable sources of information periodically during the day promotes a feeling of comfort through knowledge, rather than being overwhelmed through the constant bombardment of information and chat

***encouraging self-care practices:** promote healthy lifestyle choices with students, staff and parent/carers. Regular exercise, quality sleep, and engaging in meditation and mindfulness support a greater sense of physical, mental and emotional wellbeing within the school community

***focusing on accomplishments, rather than losses:** explore creative opportunities to share and celebrate achievements with students, staff and parent/carers

***embracing a growth mind set:** promote optimistic thinking and self-belief in the shared ability of the community to continue to adapt, learn, improve and emerge better and more capable than before the COVID-19 experience.

I hope Lina's words of wisdom are of use to our whole school community.

Jenny Keely REL

ONLINE LUNCH ORDERS ~ EVERY FRIDAY Please click on this link to place a lunch order

<https://classroomcuisine.com.au>

NUT & POTATO ALLERGY At St Joseph's we have a no sharing of food policy due to the number of students with severe life threatening allergies. In particular, we ask that you PLEASE DO NOT SEND NUTS OR NUT BASED PRODUCTS & POTATO CHIP TO SCHOOL.

ELECTRONIC SIGNING IN/OUT IPAD

Please remember to sign your child out of the school when leaving early. It is also necessary to sign in when arriving late. The electronic sign in/out ipad is located in the office on the bench.

SCHOOL HOURS

The school is responsible for the supervision of students from 8.45am. It is important to remember that

staff who arrive early for school do so to prepare for the day and cannot do this as well as supervise early arrivals.

SECOND HAND UNIFORMS

Donations or enquiries contact Tricia McKean on 0423 979 745.

WORKING WITH CHILDREN CHECK

A reminder to all parents who wish to assist in the classrooms or on excursions that a WWCC is mandatory and should be displayed at all times when helping in the classroom or on excursions.

HEAD LICE - ONCE A WEEK TAKE A PEEK

Families please check your child's hair for Head Lice each Sunday before they return to school. Please treat immediately if head lice are found. Head lice numbers would be reduced if this quick check happened every week.

HEAD INJURIES

Any child who has a knock / bump to the head will have their parents notified as a precaution. All children who are treated in sickbay or on the playground are issued with a First Aid slip; however, often these are not seen by Parent. All staff is trained in first aid each year to Level 2, which should be very reassuring for parents, but we will not make decisions or judgments regarding head injuries.

STAFF MEETINGS

Will be held each Tuesday and Wednesday at 3.45pm. Please do not detain teachers on these days.

Applications for Year 7, 2022
close Friday 21 August



Become a Kilbreda Girl

Register to attend a Virtual Visit at kilbreda.vic.edu.au

Kilbreda College

A Kildare Education Ministries School in the Brigidine Tradition





STAR OF THE SEA COLLEGE

invites you to the
Virtual Tours 2020

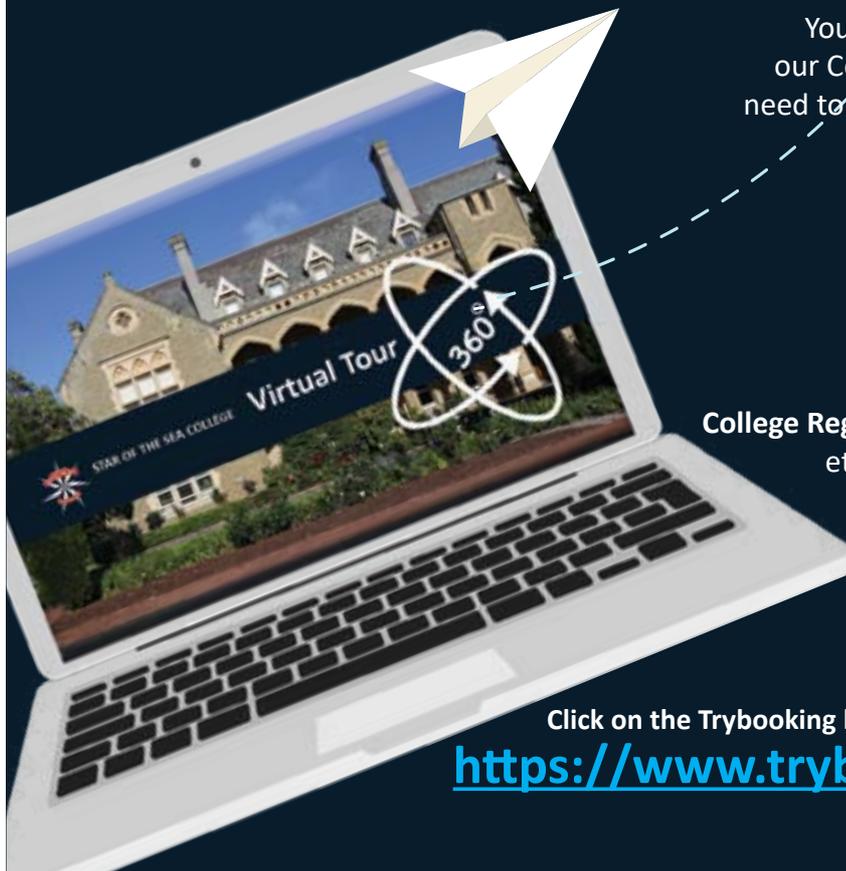
Series

Tour Dates:

- Thursday 16 July, 11.00am
- Tuesday 28 July, 4.00pm
- Wednesday 5 August, 11.00am
- Tuesday 11 August, 4.00pm

We are excited to offer a series of Virtual Tours of Star of the Sea College. You will hear from our **Principal - Mary O'Connor, Deputy Principal Learning & Teaching - Sarah Tymensen, Deputy Principal Students - Chris Burn**, as well as the **College Registrar - Elaine Tebbutt**.

You will have the opportunity to view our College and find out everything you need to know to make the best secondary education choice.



Any further queries to
Elaine Tebbutt
College Registrar & Community Engagement
etebbutt@starmelb.catholic.edu.au

Click on the Trybooking link below to book your Virtual Tour

<https://www.trybooking.com/BJLMS>



ENROLMENTS ARE OPEN

For current Year 5 students who
will be attending Year 7 in 2022

CLOSING DATE 21 AUGUST 2020

Applications available on our website:
www.stbedes.catholic.edu.au



St Bede's
College

Contact: Deb Campion
Phone: 9582 5999
Email: enrol@stbedes.catholic.edu.au



M | 0418 278 938
E | markadlam@5startennisacademy.com.au

2020

SCHOOL HOLIDAY TENNIS CLINICS

HELD AT STELLA MARIS TENNIS CLUB, BEAUMARIS

MONDAY, JUNE 29TH – FRIDAY JULY 3RD

½ DAY CLINIC 9.00 AM -12.00 noon

FEE \$150

NEW!! FULL DAY CLINIC 9.00 AM – 12.00 NOON THEN 1.00 PM – 3.00 PM

(COMPETITION PLAYERS ONLY)

FEE \$200

Students placed in groups according to their standard

End of week BBQ & awards

Lots of fun drills and games for maximum enjoyment

Discount for enrolments with more than one child in a family.

2 DAY TOURNAMENT

HELD AT STELLA MARIS TENNIS CLUB, BEAUMARIS

MONDAY 6th July & TUESDAY 7th July 2020

9AM – 1PM

FEE \$50

\$5 DISCOUNT FOR 2 FAMILY MEMBERS/BBQ/PRIZES

ALL BOOKINGS: PHONE, TEXT OR EMAIL MARK

School holidays are just around the corner. Our partner, TeamKids have a wonderful mix of incursions and in-house days planned that promise to keep the kids happy, engaged and having FUN. [Download the Winter Timetable here.](#)

St Josephs Primary - Black Rock

8:00 AM - 6:00 PM
ARRIVE BY 9AM ON INCURSION DAYS

INCURSION

IN-HOUSE

BEST PROGRAM EVER

	29 MONDAY	30 TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY																																													
29 JUNE - 3 JULY																																																		
	<p>WILD, WILD WEST & ANIMAL BAG TAGS</p> <p>Yeeshaw! We're in for a great time with Wild, Wild West! We'll make a Horseshoe Toss, create Pony Pals & play a range of giddy team games. Later, we'll make Animal Bag Tags to take home.</p>	<p>TIME TRAVEL TO THE YEAR 3000 & PIPE CLEANER SUPERHEROES</p> <p>Have you ever wanted to visit the future? Today, we're blasting off to the Year 3000! We'll create our own Gliding Robots & Spinning Cyborgs. Then, we'll make Pipe Cleaner Super Heroes to take home.</p>	<p>CHAMPIONS CHALLENGE & ORIGAMI UMBRELLAS</p> <p>We are the champions! Today, we'll work together to defeat a range of physical challenges & beat the clock in Champions Challenge. Then, we'll make Origami Umbrellas to take home.</p>	<p>RHYTHM & BEATS AND SOLAR CARS</p> <p>Today, we'll transform into music stars! We'll work in teams to create a song with rhyming lyrics & perform it to a funky beat! Later, we'll make Solar Cars to take home with us.</p>	<p>MEDIEVAL KNIGHTS, CASTLES & DRAGONS & DIY MOOSE HEADS</p> <p>We're embarking on a journey of mythical proportions! We'll create Flying Dragons, build a Medieval Castle & emerge victorious together as we play enchanting games. Then, we'll make a wooden Moose Head to take home.</p>																																													
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	<p>MAGIC TRICKS & ILLUSIONS AND RAINBOW WEAVING</p> <p>Abracadabra! We'll be amazed in a day of Magic Tricks & Illusions! We'll create Endless Folding Cubes, dazzle our friends with our impressive card skills & so much more. After, we'll do some Rainbow Weaving.</p>	<p>HIP TOK & FELT BOOKMARKS</p> <p>Let's rock with Hip Tok! This workshop is inspired by the recent Tik Tok dance craze & is sure to have you up & moving. Afterwards, we'll create colourful Felt Bookmarks to take home with us.</p>	<p>CLAY MINI BEASTS & FOUR CORNER DODGEBALL</p> <p>Today, your only limit is your imagination as we create Clay Mini Beasts using natural materials we'd find in the garden! Later, we'll play a game of Four Corner Dodgeball together as a group.</p>	<p>ICE MAGIC & METALLIC MARKER KITS</p> <p>We wish for snow today with Ice Magic! This winter-themed day will see us create white Snowy Owls, knit scarves & play some very cool team games. Later, we'll get creative with our Metallic Marker Kits.</p>	<p>EXTREME PAPER CRAFTERS & DIY BIRDHOUSES</p> <p>We're on a roll with Extreme Paper Crafters! We'll fold our own Powerful Paper Planes, fly some DIY Spinning Helicopters & create colourful Tessellation Art. Then, we'll make DIY Birdhouses to take home.</p>																																													
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*Child Care Subsidies may apply. \$5 Late Fees apply within 7 days per child. Payment plans available.
**Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy.

Find a venue

teamkids.com.au/venues

Choose your ADVENTURE!

Book Now

TEAMKIDS.COM.AU
1300 035 000

WINTER Holidays

SCAN ME!

Download Full Program

St Josephs Primary - Black Rock