



ST JOSEPH'S PRIMARY SCHOOL NEWSLETTER

Thursday 1st August, 2019

The Collect (Opening Prayer from the Memorial of St Alphonsus Liguori)

O God, who constantly raise up in your Church new examples of virtue, grant that we may follow so closely in the footsteps of the Bishop Saint Alphonsus in his zeal for souls as to attain the same rewards that are his in heaven.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

Dear Parents,

Hello again wonderful St Joseph's Community. We hope you are well and managing to keep warm during these cold winter months. We're right into Term 3 now and we are busy opening our minds to learning opportunities wherever they may present themselves. The staff welcome back Jenny Keely this week after a well-deserved Long Service Leave, and we look forward to the return of Carmel Stutterd to the top job next week.

Learning Expo

Our **Learning Expo on Tuesday 6th August from 3:00pm to 4:00pm** as well as **Wednesday 7th August from 8:15am to 9:00am** is coming up and the students are putting the final touches on their work for you all to see. Once again, parents, family and friends are all welcome to come and hear from the children about what they have been learning in their inquiry over the last 14 weeks. We look forward to seeing you up in the classrooms over the two days.



PBL Rewards Day

Oh, the fun we had on Friday. The whole school was feeling the good vibes, despite the cold weather, as we celebrated our PBL goals. The Grade 6s organised fantastic tabloid sport activities for the rest of the school to participate in and the enthusiasm on the children's faces was so great to see. Cullinane took the honours and the trophy, from the points accumulated during the afternoon, but the real winner on the day was definitely Positivity. Thank you to Mr. Brooks for facilitating the organisation of the tabloid sports.



Foundation 100 Days

In keeping with the spirit of celebration, our Foundation students celebrated their first 100 days of school today with their teacher Mrs. Angele. It has been so great to watch the class plant their roots in the school community and begin to flourish under the guidance of Mrs. Angele and the other helpers in the class. This has to be one of the school's favourite days of the year, because we can all remember at least some part of our first year of school and it does bring back some wonderful memories for us. Well done Foundation, you're making all of us proud, and well done to Mrs. Angele for her continued hard work in making every moment a learning opportunity for our Foundation class.



Friday Staff PL

This Friday the majority of the St Joseph's Staff will be heading into the Catholic Leadership Centre to take part in "Enabling Conditions for Growing Mathematical Mindsets". This is part of a professional learning journey that we have been on since the beginning of May as we continue to develop teaching strategies that support our students in mathematical reasoning and problem solving.

We would like to thank the staff and parent community for their support while we have been 'manning the fort' while Carmel has been on leave. Have a peaceful week.

Ben Sandison & Chris Kelliher
(Acting Principals)

Open Mornings for Foundation 2020

Our doors are always open (during school terms), so if you know of anyone who has a child starting school next year please mention us and encourage them to come in and take a tour. Invite them to have a look at our school website or Facebook page too!

If anyone has a child who will be attending St Joseph's in 2020 can you please, collect an enrolment form from the office and enrol them as soon as possible.

A few important dates to jot down

- Tuesday 6 August Learning Expo F – 6 from 3.00 – 4.00pm
- Wednesday 7 August Learning Expo F – 6 from 8.15 – 9.00am
- Wednesday 7 August- Gr 4 parent and student First Communion Faith night 7pm
- Wednesday 14 August Nazareth Parish Education Board Meeting
- Thursday 15 August Nazareth Parish Feast Day
- Monday 26th August- Wednesday 28th August Gr 3/4 camp
- Tuesday 10th September - Friday 13 September Gr 5 & 6 camp
- Sunday 15th September 9 am Gr 4 First Communion
- School Musical Monday 25th November @ Kilbreda

RELIGIOUS EDUCATION

ST MARY of the CROSS MacKILLOP – AUSTRALIA'S FIRST SAINT



Mary Helen MacKillop RSJ (15 January 1842 – 8 August 1909) was an Australian nun who has been declared a saint by the Catholic Church, as **St Mary of the Cross MacKillop**. Of Scottish descent, she was born in Melbourne but is best known for her activities in South Australia.

Together with the Reverend Julian Tenison Woods, she founded the Sisters of St Joseph of the Sacred Heart (the Josephites), a congregation of religious sisters that established a number of schools and welfare institutions throughout Australia and New Zealand, with an emphasis on education for the rural poor.

We celebrate St Mary of the Cross MacKillop on the 8th August.

We will celebrate her life with a whole school liturgy on Thursday 8th August at 9am in the Church- you are all invited to join us if you are able.

Dear God

Please help me to become like Mary in all I do, say, and think.

Mary was the perfect example of peace, hope and forgiveness.

I pray that everyone recognises her goodness and follows her example.

Help me to live her motto,

'Never see a need without doing something about it'

by keeping her in my heart forever.

Amen

FIRST COMMUNION

The Year 4 First Communion Parent/Child Faith night will be held next **Wednesday 7th August @ 7pm** in the Yr 3/ 4 classroom. We look forward to seeing each student with at least one parent on the night.

On **Sunday 11th August** we will share a special Mass with the children from Year 4 as they make their **Request** to continue the journey towards receiving the Sacrament of Communion. This celebration of their First Communion will occur on **Sunday 15th September**. They will receive a white ribbon to wear at school to show our community that they are preparing for their First Communion.



WELLBEING ~~~~ Parenting – the Simple Way



In a world full of uncertainties, anxieties and an over-performance culture of never being good enough, the biggest gifts that parents can give to children is a true sense of belonging, hope, courage to dare greatly and the notion that they are ok the way they are. It is our responsibility to teach them the art of resilience and mindfulness. It is parents who can empower children to help them understand their emotions, accept them for who they are, identify their unique strengths, find their potential and purpose in life, nurture their spirituality and cultivate human connection.

Cultivating connections with our children and building meaningful, long-lasting relationships requires paying attention and engagement. Engagement means investing time and energy which requires sacrifice. Sacrifice means to 'make sacred'. As parents, we are called to make our relationships with our children truly sacred. We only have one shot at this. The challenge is that most parents are feeling time poor, and often lack the energy of fully engaging with their children. Overscheduling our children, filling every free minute with activities and entertainment, the speed of technology and the endless deluge of the Internet have resulted in our lives becoming cluttered and dis-jointed. All this can lead to a profound disconnect between parent and child.

The good news is that it does not require much to shift this paradigm. Simplifying our lives can often help us to create space for re-connection, building relationships and being more engaged. Simplifying means creating more space for awareness, attentiveness, connectedness and finding the sacredness in all things.

Underpinning his philosophy are four realms that provide sparks of connection that can easily be incorporated in our busy lives: de-cluttering our home environments, establishing healthy routines, the importance of free time and limiting the intrusion of media and other external influences into the home.

The underlying mantra is 'less is more.' De-cluttering the home environment in relation to clothes, toys, gadgets and a home that filters out constant stimuli is key. The less we have to worry about, the less anxious we get, the fewer battles we have to fight and the more aware we become of each other., the fewer battles we have to fight and the more aware we become of each other.

Limiting the 24/7 access to media, setting clear viewing and social media boundaries, eliminating watching TV during meal times and conversing in the car instead of listening to music or talkback radio helps us to practise being more attentive.

Healthy rhythms, routines, and rituals provide islands of consistency, calmness and ample opportunities for connection. A regular cup of hot chocolate at the end of the school day, a daily sit-down dinner with a lit candle, a night time prayer, the walk to school, a back rub – these are moments where we can share ourselves, our fears, hopes, struggles, and joy.

Allowing children and parents to have 'nothing to do' time is at the core of simplifying. It is in those 'dawdle' moments where we create the most amazing sparks of connection and memories. Be it lying on your back in the grass together and watching the clouds go by, drawing a picture together, eliminating a structured afternoon activity in lieu of just being together, keeping weekends free, having a moment or reflecting together on the events of the day. Building connection thrives on having time for each other without having to meet any expectations and being truly present in the moment. This makes for much happier families.

Jenny Keely REL

<p>What's Happening</p> <p>August</p> <p>1 Foundation celebrate '100 Days of School'</p> <p>6 Learning Expo 3.00pm – 4.00pm</p> <p>7 Learning Expo 8.15am – 9.00am</p> <p>7 Gr 4 Parent & Student First Communion</p> <p>Faith night at 7.00pm</p> <p>8 Feast day of St Mary of the Cross – whole school Liturgy at 9am in the church</p> <p>11 Commitment Mass for First Communion – Gr 4</p> <p>15 Nazareth Parish Feast Day</p> <p>26 Grades 3 & 4 Philip Island Camp</p> <p>27 Grades 3 & 4 Philip Island Camp</p> <p>28 Grades 3 & 4 Philip Island Camp</p>	<p>WEEK 4 TERM 3</p> <p>Monday 5th August</p> <p>IN: Welcome back Carmel Stutterd to school</p> <p>OUT: Michelle Herd</p> <p>Tuesday 6th August</p> <p>OUT: Chris Kelliher (LFIN) / Carmel Stutterd</p> <p>IN: Melinda Phyland (1/2)</p> <p>STEM Gr 3/4</p> <p>G.A.T.E.WAYS</p> <p>Learning Expo Part 1: 3pm - 4pm</p> <p>Wednesday 7th August</p> <p>Learning Expo Part 2: 8:15am-9:00am</p> <p>Specialists</p> <p>1-2 pm Gr 6 Bayside Community</p> <p>2.30-3.30 pm School choir</p> <p>Parent Faith Night 7pm</p> <p>Thursday 8th August</p> <p>Mary McKillop Feast Day Liturgy 9am</p> <p>STEM Gr 1/2: 2.30pm</p> <p>Friday 9th August</p> <p>Assembly - Grade 6</p> <p>Sunday 11th August</p> <p>Commitment Mass for First Communion - Grade 4</p>
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NESPRESSO PODS - Recycling station

Parents you are now able to recycle your NESPRESSO Pods at school as we have a cardboard bin in the Staffroom for them to be put into.

ONLINE LUNCH ORDERS ~ EVERY FRIDAY Please click on this link to place a lunch order
<https://classroomcuisine.com.au>

NUT & POTATO ALLERGY At St Joseph's we have a no sharing of food policy due to the number of students with severe life threatening allergies. In particular, we ask that you PLEASE DO NOT SEND NUTS OR NUT BASED PRODUCTS & POTATO CHIP TO SCHOOL.

ELECTRONIC SIGNING IN/OUT IPAD

Please remember to sign your child out of the school when leaving early. It is also necessary to sign in when arriving late. The electronic sign in/out ipad is located in the office on the bench.

SCHOOL HOURS

The school is responsible for the supervision of students from 8.45am. It is important to remember that staff who arrive early for school do so to prepare for the day and cannot do this as well as supervise early arrivals.

SECOND HAND UNIFORMS

Donations or enquiries contact Trisha McKean on 0423 979 745.

WORKING WITH CHILDREN CHECK

A reminder to all parents who wish to assist in the classrooms or on excursions that a WWCC is mandatory and should be displayed at all times when helping in the classroom or on excursions.

HEAD LICE - ONCE A WEEK TAKE A PEEK

Families please check your child's hair for Head Lice each Sunday before they return to school. Please treat immediately if head lice are found. Head lice numbers would be reduced if this quick check happened every week.

HEAD INJURIES

Any child who has a knock / bump to the head will have their parents notified as a precaution. All children who are treated in sickbay or on the playground are issued with a First Aid slip; however, often these are not seen by Parent. All staff is trained in first aid each year to Level 2, which should be very reassuring for parents, but we will not make decisions or judgments regarding head injuries.

STAFF MEETINGS

Will be held each Wednesday at 3.45pm. Please do not detain teachers on these days.

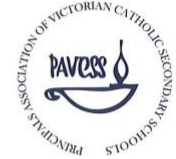
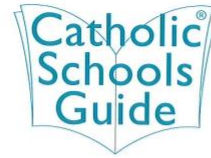
INNOVATING FOR THE FUTURE SHOWCASE

SUN 11 AUGUST 2019
10.00am - 4.00pm

Catholic Leadership Centre
576 Victoria Parade
East Melbourne

FREE ADMISSION
ALL FAMILIES WELCOME

A great chance to
finalise applications
prior to the official
close of enrolments
for Year 7 2021
Fri 23 August



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