

### ST JOSEPH'S PRIMARY SCHOOL NEWSLETTER

Thursday 24th October, 2019

St Joseph's is a Child Safe School. We promote the safety, wellbeing and inclusion of all children.

Jesus,
light of the world,
lead us to be tolerant and understanding of others,
looking for what unites people rather than what might divide and separate.
Inspire us always to discover the best in one another
and work together to build up your kingdom in our world today.
Amen.

Dear Parents.

Just a reminder that students can wear either the summer or winter uniform until Wednesday 6 November, then all students must wear their full summer uniform.

Congratulations to Will McKean who today competed in the State primary school track and field in the Boys 9-10 80 m hurdles and came first. We are so proud of Will and wish him all the best as he goes forward to Nationals.

This week is World Teacher's Day on Friday but we are celebrating it on Wednesday 30 October so our specialist teachers can join in our wonderful luncheon supplied by our Parents and Friends.

I would like to take this opportunity to praise my staff. They are the best teachers, Learning Support Officers and Administration Officer that any Principal could have the privileged to work with. Your children are so lucky to have such a professional and friendly staff to work, teach and care for them.

On Tuesday 29 October all the classroom teachers are going into the Catholic Leadership Centre to complete the 4<sup>th</sup> day on a maths professional learning opportunity. They will continue to learn to take each student on their own individual learning journey.

Please take the time to look on our website at our NAPLAN results we are very pleased with our results and our students. Well done to our grade 3 and 5 students and all the staff who have and are working with these students.

### What's Happening

November

Fri 1 – Whole School Assembly

Mon 4 – Melbourne Cup Long weekend

Tues 5 – Melbourne Cup Day

Fri 8 – Whole School Mass

**Mon 11 – 2020 Foundation Orientation Session** 

2.30ppm - 3.30pm

Fri 15 - Whole School Assembly

Fri 22 - Whole School Mass

Mon 25 - School Musical at Kilbreda

Thur 28 – Grades 5 & 6 Victorian Life Saving

Program

### WEEK 4 TERM 4

Monday 28th October

 $9-10~\mathrm{am}~\mathrm{Ms}~\mathrm{Stutterd}~\mathrm{at}~\mathrm{a}~\mathrm{meeting}~\mathrm{at}~\mathrm{Southern}~\mathrm{Regional}~\mathrm{Office}$  / Mrs Keely in charge

Mrs Wells away/ Mrs Joyce in the office

Mrs Mc Loughney in sewing costume for production

Production rehearsal

STEM Gr 5 & 6

Tuesday 29th October

Mrs Wells away/ Mrs Joyce in the office

All teaching staff at Catholic Leadership Centre at a Maths PD

Foundation- Mrs Kelly

Gr 1/2 Bu Watt

Gr 3/4 Mrs Joplin

Gr 5/6 Mrs Martell

Production- 1-3.30 pm Main cast

STEM Gr 1/2

Wednesday 30th October

8-10 am Leadership meeting

WORLD'S TEACHER's Luncheon for staff from PnF's

Bayside Community- Gr 5

Thursday 31st October

Art club at Lunchtime in the art room with Miss Wood

Production rehearsal

Gr 3/4 STEM

Friday 1st November

9.15 am Assembly- Gr 3/4 and showcasing our production:- Gr 6

girls/ Gr 3/4 boys Macarena & Foundation- Under the Sea

Merie is away- library closed

12-2 pm STEM / Atrium Foundation

### RELIGIOUS EDUCATION ~~THE ROSARY

### Rosary bead necklace has made a fashion comeback

A traditional rosary bead necklace (http://www.holyland-gifts.com/rosary-beads-necklace) is worn by Roman Catholics to use while praying. Each bead has its own significance and is held in the fingers while a specific prayer is being said. The rosary is still an important part of Catholicism. Each bead has its importance and is held within the fingers as a unique prayer has been said.



### STUDENT WELLBEING

### **Making friends**

When you meet someone, you don't know whether that person is going to become a good friend, so you have to be a bit careful at first.

Friendship is like planting a seed that you've **found**. You are not quite sure what is going to come up so you have to watch it carefully and **nurture** (look after) it.





Maybe it won't grow, in spite of your best efforts.

Maybe it will only grow into a weak and sickly plant, or it could grow into a horrible weed and you would have to pull it up.

If all the conditions are right and you've really looked after it well then you could end up with a strong, flourishing plant that will continue to grow bigger and better as time passes.

Get the picture?

So what about friendships - how can you make them grow?

### What to do

Hang out with people you would like to have as friends and join in with their plans unless you really disagree.

If you don't agree with their plans say so in a positive way, "I like this bit but maybe we could..."

Accept people as they are. You can like other people even if you don't agree with everything they say or do.

You don't have to know about or have an opinion on everything - in fact it is often better if you don't.

Be a good listener so that others can tell that you are really interested in what they are saying.

Get to know people well by sharing 'safe' thoughts with them first. What is a safe thought? It might be something about school or TV or your favourite footy team. It isn't always safe to tell someone you don't know very personal things about you, like things you might be worried about or afraid of.

Ask them about themselves.

Expect things to work out the way you would like in your friendship.

Be a positive person; talk about the good things in your life. No one wants to be hassled by problems all the time.

Don't be a cruel gossip or tell tales... "She said... and I don't think she likes... and she doesn't want to be your friend." Sounds familiar?

If you're lucky, the person you meet may become a regular friend or even, after a long time, a best friend.

Jenny Keely REL

ONLINE LUNCH ORDERS ~ EVERY FRIDAY Please click on this link to place a lunch order <a href="https://classroomcuisine.com.au">https://classroomcuisine.com.au</a>

NUT & POTATO ALLERGY At St Joseph's we have a no sharing of food policy due to the number of students with severe life threatening allergies. In particular, we ask that you PLEASE DO NOT SEND NUTS OR NUT BASED PRODUCTS & POTATO CHIP TO SCHOOL.

### ELECTRONIC SIGNING IN/OUT IPAD

Please remember to sign your child out of the school when leaving early. It is also necessary to sign in when arriving late. The electronic sign in/out ipad is located in the office on the bench.

### **SCHOOL HOURS**

The school is responsible for the supervision of students from 8.45am. It is important to remember that staff who arrive early for school do so to prepare for the day and cannot do this as well as supervise early arrivals.

### SECOND HAND UNIFORMS

Donations or enquiries contact Trisha McKean on 0423 979 745.

### WORKING WITH CHILDREN CHECK

A reminder to all parents who wish to assist in the classrooms or on excursions that a WWCC is mandatory and should be displayed at all times when helping in the classroom or on excursions.

### HEAD LICE - ONCE A WEEK TAKE A PEEK

Families please check your child's hair for Head Lice each Sunday before they return to school. Please treat immediately if head lice are found. Head lice numbers would be reduced if this quick check happened every week.

#### HEAD INJURIES

Any child who has a knock / bump to the head will have their parents notified as a precaution. All children who are treated in sickbay or on the playground are issued with a First Aid slip; however, often these are not seen by Parent. All staff is trained in first aid each year to Level 2, which should be very reassuring for parents, but we will not make decisions or judgments regarding head injuries.

### STAFF MEETINGS

Will be held each Wednesday at 3.45pm. Please do not detain teachers on these days.





### Term 4

### Classes

Thank you to all who have confirmed enrolement for Term 4. There will be 6 classes scheduled for Term 4.

Creative Music classes integrate Singing, Piano, Ukulele, Drumming, Music Theory, Improvisation, Performance Techniques, Kodai and restorative wellness practices.

**St. Joseph's** – Monday, starting October 21.

Drumming and Singing Circle is held at Lunchtime.

**Individual Classes:-** \$35 per 20 minute lesson

**2 person Shared Lesson:-** \$25 per 20 minute class

**Drumming and Singing Circle:-** \$20 per 40 minute class.

(Recommencing in 2020)

### heortlinks

Sharing, Learning, Building



### Are you struggling to manage your child's behaviour? Yelling, arguing, whining, tantrums and discipline that's just not working?

The 1-2-3 Magic & Emotion Coaching program aims to teach parents how to deal with their children's difficult behaviour by using an easy-to-learn and easy-to-use signalling system. The program requires the parent to use less talk and less emotion, which in turn encourages the development of children's ability to manage their emotional reactions to parental boundaries.

Over three weekly sessions, you will be guided through this proven and effective program, and supported to manage behaviour, develop a tangible and intuitive strategy to master your own self-control, encourage your child's ability to manage their own emotional reactions, and improve your relationship with your child.

### Topics include:

- How to discipline without arguing, yelling or smacking
- · How to classify behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices

- Using emotion coaching to encourage good behaviour
- 7 tactics for encouraging good behaviour

Investing a few hours now, will create a valuable roadmap for navigating those challenging parenting situations.

### Best suited to:

Parents and carers of children aged 2 to 12 years.

### When:

The workshop runs across three Wednesday evenings.

Wednesday 30th October 2019, 7pm to 9pm Wednesday 6th November 2019, 7pm to 9pm Wednesday 13th November 2019, 7pm to 9pm

Light refreshments provided.

#### Where:

Family Life meeting room, 197 Bluff Rd, Sandringham

#### Cost:

\$220 per person (\$200 concession)

### Bookings and more information:

To book or for more info, visit us at heartlinks.com.au Email heartlinks@familylife.com.au or call (03) 8599 5488





### Each Little Miracle you purchase will fund a real miracle A cure for Muscular Dystrophy

Chloe has a neuromuscular disorder called Spinal Muscular Atrophy (SMA) Type 2, which weakens her muscles, this means she is not able to sit alone, stand or walk.

When she was eight years old, she designed an owl as a Christmas decoration for the family tree. Thanks to clever students at Monash University, Chloe's owl has been replicated and is adorning Christmas trees all over Australia.

There are twelve other decorations made by different children. Each decoration has a story behind it, unique to the child who made it and captures their experience living with Muscular Dystrophy, just like Chloe.

Monash University is using 3D printing technology to scan and print replicas of these handmade decorations. It takes more than nine hours to put together a decoration like Chloe's.

All funds raised from Little Miracles will go towards research into conditions like Chloe's.

Muscular Dystrophy Australia's Little Miracles Christmas decorations are priced at \$35 each and can be purchased online at

www.mdalittlemiracles.org.au



Chloe and her owl



Some of the decorations from the Little Miracles available to purchase this Christmas





An experience that goes far beyond the stage!

We believe in growing girls through the hidden elements of our curriculum; your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

Over 200 girls recently shared the stage with Hugh Jackman in *The Man. The Music. The Show.* Arena Tour to sold-out audiences around the country. We're proud to have represented Qantas in the 'I Still Call Australia Home' advertisements and at live events for the past 20 years.

Now accepting 2020 enrolments for our rehearsal venues in Berwick, Box Hill, Caulfield North, Cheltenham, Essendon, Greensborough, Ivanhoe, Kew, Ringwood and Yarraville.



### Join us at our OPEN DAY on October 27 Call 03 9859 6499



aspagroup.com.au

# BECOME A VOLUNTEER HOST FAMILY



WEP IS LOOKING FOR VOLUNTEER HOST FAMILIES
TO HOST EXCHANGE STUDENTS FROM COUNTRIES
INCLUDING ITALY, FRANCE AND BELGIUM, ARRIVING
IN AUSTRALIA IN JULY 2020!

IF YOU HAVE AN INTEREST IN OTHER CULTURES, WE WOULD LOVE TO HEAR FROM YOU! REMEMBER, SOMETIMES THE GREATEST REWARDS IN LIFE COME FROM DOING THINGS YOU NEVER THOUGHT YOU WOULD!

CONTACT WEP ON 1300 884 733 FOR MORE INFORMATION OR EMAIL INFO@WEP.ORG.AU.

### CAN YOU HOST ME?

EMAIL INFO@WEP.ORG.AU
CALL 1300 884 733
SMS 'HOST' TO 0428 246 633



### LAURA f

### from Italy

Ciao from Italy!

I am able to see the good in anything and anyone and I perceive every life event as a lesson. I love spending time outdoors, swimming, walking, participating in team sports, taking photos and meeting with my friends.

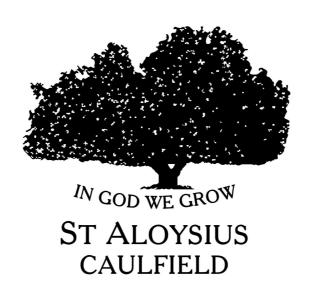
My family is relatively small, but we are very close; I respect and admire my parents.

I can't wait to meet my Australian family!

MORE PROFILES

AVAILABLE AT

WEP.ORG.AU/HOST



## Back to St Aloysius 100 Years Reunion

Get together for afternoon tea to farewell our wonderful school.

# Saturday November 16th 2019 3-5 pm Cromwell St Caulfield

Come and tour the school, look through old photos and catch up with old friends.

RSVP -11/11/19 9532 9416 or officecaulfield@santglen.catholic.edu.au

Facebook- 100 years At St Aloysius